



Hayden School District

"Providing the best, to be the best."



P.O. Box 70
Hayden, CO 81639
(970) 276-3864

August 15, 2017,

Dear Parents and Guardians,

The Hayden School District believes that for students to have the opportunity to achieve personal, academic, developmental, and social success, we need to create positive, safe, and health-promoting learning environments at every level, in every setting, throughout the school year. The Board of Education approved a new Local Wellness Policy on January 18, 2017, compliant with new federal regulations, to ensure that all students have the opportunity to practice healthy eating, physical activity and mental wellness promoting behaviors throughout the school day. By helping our children to develop healthy habits early in life, we can reduce their health risks and increase their chances for living longer and more productive lives.

As required by law, our new Local Wellness Policy includes the following:

- Specific goals for nutrition promotion and education, physical activity, and other school- based activities that promote student wellness
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day
- Standards for all foods and beverages provided, but not sold, to students during the school day
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards
- A description of public involvement, public updates, policy leadership, and evaluation plan

The new Local Wellness Policy can be found on the Health Services Department page and the School Board Policies and Regulations page of the district website (www.haydenschools.org). Your child's teacher may have additional information for you regarding how snacks and celebrations will work in his or her classroom this year.

Thank you for your support in creating learning environments where students will be safe, challenged, engaged, supported and healthy throughout our school district. If you have questions, or would like to be involved in Health and Wellness efforts at the school or district level this year, please contact one of the staff members identified below.

Sincerely,

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